

# Mother and Child Week

## Planning Tool

### 1. DISTRICT PROFILE

Name of District: \_\_\_\_\_

Total Population: \_\_\_\_\_ million

Urban Population (wards): \_\_\_\_\_ million

Rural Population (villages): \_\_\_\_\_ million

Number of union councils: \_\_\_\_\_

Number of Total FLCFs \_\_\_\_\_.

Number of FLCFs involved in LHWs Program \_\_\_\_\_

Number of FLCF staff: \_\_\_\_\_ Health facilities × 2(M.O and LHV)

Number of LHWs: \_\_\_\_\_

Number of LHSs: \_\_\_\_\_

Number of Volunteers Required: \_\_\_\_\_

Number of vaccinators: \_\_\_\_\_

Number of CDC Supervisors and other staff that can work as vaccinator \_\_\_\_\_

Names of potential NGO partners: \_\_\_\_\_

### A. TEHSIL WISE CURRENT POPULATION STATUS

S.NO	TEHSIL	Population	Children under 5 yrs (15%)	Pregnant women for TT (3.4%)	Children 2-5 Yrs (De-Worming) (12%)
1.					
<b>Total</b>					

### B. Outreach Plans for Vaccinators

No. of Vaccinators/CDC staff/Other staff to be used as vaccinators	No. of Vaccinators/CDC and other staff with Complete Plans	Requirement of POL	Any other requirement

C. Orientation of Vaccinators/CDC and other staff on MCWeek Immunization Activity (can be linked with District NID Training before the week)

DATE	Venue	No. of Participants	No. of batches 20 participants/batch	Facilitators (02/batch)	Responsibility
					<u>EDO(H) and District EPI staff</u>

## D. Logistics to be demanded

### Medicines/Vaccines.

### Check balance and order full requirement of EPI supplies

1	2	3	4	5	6	7	8	9	10	11	12
BCG	OPV	Pantavalent	Measles	TT	AD Syg 0.05ml (26G)	AD Syg 0.5 ml	Reconst syng 2ml	Reconst syng 5ml	Safety boxes	Vaccine carriers	EPI cards

- Tab Mebendazole : I Tablet/child (2-5 yrs. of age) =

### Social Mobilization Material:

- Advocacy folders : 100 per district & 200 per province
- 10 ANC leaflets/LHWs=
- No. of Registration sheets required (2 set per LHWs & Volunteers)=
- Banners : 22 per UC =
- Mosque leaflets 100/UC =
- School brochures 300/Schools.

### Training Material :

- Training manuals:
  - i. Trainers Guide =No. of trainees ( 2/FLCF staff + LHSs) =
  - ii. Trainee Manuals= No. of LHWs=
- Counseling card sets (1set/LHW)=
- Counseling card sets for trainers 1set /trainers+LHS=

## Refresher Training Plan Mother and Child Week

### i. TOT FOR DISTRICT MASTER TRAINERS

DATE	Venue	No. of Participants	No. of batches 25 participants/batch	Facilitators (02/batch)	Responsibility
					<u>National Program</u> (EDO(H) & DC)

### 2. TOT FOR FACILITY Staff not involved in NP

Total Number of Master Trainers: \_\_\_\_\_

Total Number of Health Facilities: \_\_\_\_\_

Total HCPs to be trained: \_\_\_\_\_ (2HCP/Facility, Doctor & LHV )

DATE	VENUE	No. of Participants	No. of batches 25 part./batch	Facilitators 02 facilitators/batch	Responsibility
					DPIU NP for FP& PHC

### 3. TRAINING OF LADY HEALTH WORKERS

Training of \_\_\_\_\_ LHWs will be conducted at the Health facilities, and all the trainings will be completed before the \_\_\_\_\_ **2009.**

- LHWs will be trained at their own Health Facilities.
- If number of LHWs at one Health Facility is less than 5 training will be conducted at the adjoining health Facility.
- Video films on Child health already available at the Health Facilities will be a part of training.
- Counseling session video films
- LHS can be a trainer in case of non availability of female staff.
- Detailed Facility wise micro plan will be provided by the District Coordinators by the \_\_\_\_\_ of \_\_\_\_\_.
- Provision of Training manuals in district by UNICEF Islamabad Two Weeks before the TOT in order to carry out the activity as planned.

DATE	VENUE	NO. OF LHWs	NO. of batches. 15 LHWs/batch	Facilitators	Responsibility
					DPIU NP for FP& PHC

#### 4. Training of Female NGO Workers/Volunteers ( If Applicable)

Training of \_\_\_\_\_ Volunteers will be conducted at the Health facilities, and all the trainings will be completed by-----

- Video films on Child health already available at the health facilities will be a part of training
- LHS can be a trainer in case of non availability of female staff.

##### 1. Teaching Aids in functional status

- TV
- VCR
- Child health video film
- Counseling session films.
- White Board
- Markers
- Flip Charts

##### 2. Training material

- Trainers manual
- Participant Manual
- Child Health Plastic cards and Training Charts
- Registration Sheet
- Attendance Sheet

#### 5. Monitoring Plan

Date of Visit	Name UC	Name of Supervisor/ Monitor	Responsibility
			EDO(H)/Focal person MCW DPIU NP for FP& PHC.

## Mother and Child Week Activity Plan

S #	Activity	Responsibility	Venue	Date
1.	Briefing and Provincial Planning with PPIU staff			
2.	Provincial Orientation Meeting with stakeholders			
3.	District Micro Planning Meeting with stakeholders			
4.	Provincial Planning Meeting with stake holders			
5.	Provincial Trainings for District Master Trainers			
6.	District Level Trainings			
7.	Logistic Distribution			
8.	Awareness Walk for CH&SW			
9.	Press Briefing			
10.	Inauguration Health Mela Health Baby Show			
11.	Activities in the community <ul style="list-style-type: none"> <li>• Vaccination &lt; 2 yrs</li> <li>• Deworming 2 – 5 yrs</li> <li>• TT for PW</li> <li>• Health Education sessions</li> </ul>			
12.	Health Baby Show Puppet Show			
13.	Meena ki Kahani & Polio True Stories on local cable network			
14.	Mosque Announcement			
15.	School Sessions			

## Mother and Child Week District Monitoring Plan

District	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
District	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

*It is preferable that one government and one partner representative to travel together.*

## Mother and Child Week Checklist for field monitors

### Monitoring Checklist for District/Tehsil Level

Name of Monitor: \_\_\_\_\_ Date: \_\_\_\_\_

District/Tehsil visited: \_\_\_\_\_ Team No: \_\_\_\_\_

S. No.		Yes	No	Comments
<b>A. District Level Activities</b>				
1	Launching of Mother and Child week			
2	Was a Press conference held to create awareness through media (provincial/district)			
3	Participation of district officials and other concerned in radio programmes, special messages on child health & sanitation through local media channels			
4	Mother and Child week Walk at the district level			

<b>B. Tehsil Level Activities</b>				
1	A special event for launch of Mother and Child week week in tehsil involving staff of local councils, traders, CBOs, Boy scouts, girl guides, LHWs and school children			
2	Special school based child health & sanitation week activities including debates and funfairs in all school			
4	Religious leaders and mosques imams make special talks on cleanliness during all Khutbas and prayers			
6	Mosque announcements for immunization camps are being done			
4	Local sports clubs has held local level sports competitions to create awareness on sanitation			
5	Walk arranged with school children including boy scouts and girl guides and DCOs/Nazims led the event			

### Monitoring Checklist for UC Level

Name of Monitor: \_\_\_\_\_ Date : \_\_\_\_\_

District/Tehsil visited: \_\_\_\_\_ UC No. \_\_\_\_\_ Team No: \_\_\_\_\_

<b>C. Union Council Level Activities</b>				
<b>1. Community level</b>				
		Yes	No	Comments
1	Launch of Mother and Child week held in UC			
2	NGOs, CBOs and CCBs arrange social mobilization events to promote child health & sanitation			
3.	Video shows held on hygiene promotion			
<b>2. School based activities</b>				
4.	School flyers have reached all schools and teachers and students know about the event			
5.	Walk arranged with school children led by community leaders			
<b>3. Mosque based activities</b>				
5	Mosque flyers have reached the local imam			
6	Mosque announcements for immunization camps are being done			
3	Mosque imams make special talks on cleanliness, hand washing and relevant subjects during all khutbas and prayers			

<b>4. Health facility based activities</b>				
1	Banner of Child Health and Sanitation Week displayed prominently			
2	Antenatal Care (ANC) pictorial cards available			
3	<b>Availability of Vaccine/Drugs</b>			
	• ORS available			
	• I/V fluids available			
	• Ampicillin /Amoxicillin available			
	• Syp. Paracetamol available			
	• All Vaccines available			
	• Diluents available			
	• Syringes available			
	• Safety box available			
	• Vaccination Cards available			
4	All staff present			
5	<b>Staff trained on Mother and Child Week</b>			
	• Doctor			
	• LHV			
	• Vaccinator			
6	Does the facility toilet have running water and soap?			
7	Ask staff about what necessary advice needs to go to a mother with child suffering from diarrhoea?			
	- Use ORS ( Oral Rehydration Salt)			
	- Continue breast feeding			
	- Exclusive breast-feeding for all children under 6 months of age			
	- Wash hands with soap/ ash			
	- after visiting the latrine			
	- before preparing food			
	- before feeding a child			
	- Treat drinking water before use ( Boil, filter, pure sachet)			
	- Use of sanitary latrine a must			
<b>5. Village based activities</b>				
1	Immunization camp site prominent with banners			
2	Team members have received training before the child health & sanitation week			
3	Carrying registration sheets			
	- Immunization (0-2 Years)			
	- De-worming (2-5 Years)			
4	Antenatal Care (ANC) leaflets available			
5	Immunization cards available			

6	All vaccines and <b>diluents</b> available							
7	Mosque announcements being made							
<b>D.Household level</b>								
1	Adult member aware of child health & sanitation week?	H1	H2	H3	H4	H5	H6	H7
2	Know about any new latrines being constructed during the week?							
3	Are there any child/children (0-5) years in this household?							
4	Are all child/children (0-2) years received immunization?							
5	Are all child/children (0-2) years received deworming tablet?							
6	If there is a pregnant woman in the household, did she receive TT injection and ANC pictorial flyer?							
7	Has the mother attended health & Hygiene education session							

*Note: Ques No.7 under heading U.C Activities will be replaced by questions regarding Pneumonia in October round*